

## Our Programme

### Stage 1.

#### Preliminary Assessment

**Aim:** to find out the immediate needs of the client in terms of medical, social and vocational requirements.

**Suitable for:** anyone who has acquired a disability.

**Timing:** about half a day.

**Location:** at Papworth or at the individual's home.

### Stage 2.

#### Planning Assessment

**Aim:** to create a detailed plan of activities, therapies and support for a vocational rehabilitation programme. Initial goals will be identified for the individual and a timetable produced.

**Format:** closely resembles a typical work day, providing structure and an indication of the client's physical and mental stamina to help shape their future requirements on the programme.

**Timing:** 2 weeks

**Location:** at Papworth.

This is a daily assessment (Monday-Friday) and we can provide self-catering accommodation if required.

## Stage 3.

### Vocational Rehabilitation Programme

The individually tailored programme includes modules on vocational, medical and life skills rehabilitation as recommended from the Planning Assessment.

**Timing:** Clients typically tend to have 12 or 24 week programmes.

**Location:** this is a daily programme (Monday-Friday) at Papworth and we can provide self-catering accommodation if required.

**Outreach:** this is a programme set up in the client's home area as recommended from the Planning Assessment (or as a follow-on extension from a previous Papworth-based programme).

**Formal case conferences:** are held to monitor progress and agree new goals. Attended by the Rehabilitation Team and the client, other attendees may include family, referrer, funder or a solicitor. A report is produced recommending next steps. Therapy work placements: in the home area are encouraged once the client's progress on the programme has prepared them for this phase. Work placements are regularly monitored and are supported by the Job Coach and Rehabilitation Team throughout.

## Optional.

### Additional Case Management Support

Can be arranged following the completion of a structured rehabilitation programme. Flexible support is available on an individual basis ranging from a few hours every six months to as much as a full day every week.

For more information call 01480 357231  
or visit [www.papworth.org.uk](http://www.papworth.org.uk)



Please note that The Papworth Trust is an independent disability charity and is unconnected with the Papworth Hospital NHS Trust.

**This information is available in other formats on request.**

The Papworth Trust promotes equality, choice and independence for disabled people - helping and supporting over 10,000 people with a physical or learning disability, sensory impairment, acquired disability, progressive illness or mental health issue every year.